



Readers' Favorite[®]

Book Reviews and Award Contest

Book Review Mini-Critique

Below you will find ratings (scale of 1-5) with general descriptions for the major parts of your book followed by your Readers' Favorite review. Although this is just a Mini-Critique, we hope it will give you an insight into how readers may view the different components of your book.

These are the opinions of your reviewer, and although they are not a literary professional, they are an avid reader of books just like yours.

Title: Red Thread
Subtitle: Occult to Science and Beyond
Author: Anne Marie Kampf (Anne Kampf)
Genre: Non-Fiction - Education



Appearance: The appearance of a book can make a significant impact on the experience of a reader, whose enjoyment is often enhanced by an enticing cover, an intriguing table of contents, interesting chapter headings, and when possible, eye-catching illustrations.

5

Plot: The characters of a book should be well defined with strengths and flaws, and while they do not have to be likable, the reader does have to be able to form a connection with them. The tone should be consistent, the theme should be clear, and the plot should be original or told from a unique perspective. For informative books -- those without plot and characters--this rating refers primarily to your concept and how well you presented it.

5

Development: Development refers to how effectively you told your story or discussed your topic. The dialogue should be realistic, the descriptions should be vivid, and the material should be concise and coherent. Organization is also a key factor, especially for informative books -- those without plot and characters. The order in which you tell your story or explain your topic and how smoothly it flows can have a huge impact on the reader's understanding and enjoyment of the material.

5

Formatting: Formatting is the single most overlooked area by authors. The way in which you describe scenes, display dialogue, and shift point of view can make or break your story. In addition, excessive grammatical errors and typos can give your book an amateurish feel and even put off readers completely.

5

Marketability: Marketability refers to how effectively you wrote your book for your target audience. Authors may include content that is above or below the understanding of their target reader, or include concepts, opinions or language that can accidentally confuse or alienate some readers. Although by its nature this rating is very subjective, a very low rating here and poor reviews may indicate an issue with your book in this area.

5

Overall Opinion: The overall starred rating takes into account all these elements and describes the overall reading experience of your reviewer. This is the official Readers' Favorite review rating for your book.

5

Review:

Reviewed by Jamie Michele for Readers' Favorite

Red Thread: Occult to Science and Beyond by Anne Kampf is a guide that examines the historical significance of esotericism, myth, astrology, alchemy, and science. Kampf discusses the belief in the supernatural elements in astrology and alchemy and the role of ancient astrologers and alchemists as magicians. Myths and symbols are seen as tools for self-discovery, while esoteric circles involve initiation levels. Kampf's work details energy transformation, the solar system's influence on Earth, and historical celestial understanding, then digs deeper into astrology's symbolic language, the four elements' significance, archetypes, and fate. Connections are made between myths to science, as are ancient Greek contributions to physics, cosmic influence on individuals and events, and the quest for understanding consciousness and the universe. Ultimately, Kampf champions striving for balance, seeking harmony over fixed states.

First things first, the synopsis of what Red Thread by Anne Kampf embodies is not as overwhelming as it appears. In fact, this is not even all of the topics covered by Kampf but readers can be assured that it is wholly digestible regardless of previous knowledge, if any, one has on the subjects going in. I did not have much of a foundation and found every part of the book to be completely accessible. Two areas in which I am somewhat versed are physics and, as a woman of East Asian heritage, traditional Chinese medicine. Given these areas of interest, the book's standout sections for me were Wu Xing's five elements theory, and face reading as a diagnostic tool in revealing both health and personality traits. I admit that I got a little more excited when thermodynamics and the intrinsic link between human life and molecular behavior and chemical reactions came up. Here's the most important bit though: a fourteen-year-old in my living room understood what I was reading, proving that Kampf's narrative is written simply but still extensively. Overall, this is a deeply engaging and highly enlightening work.